



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|---|---|
| <p>Morning Fun in Motion 4</p> <p>Afternoon Hymn Sing</p> <p><small>Independence Day (US)</small></p> | <p>2:00 Tea Time (HER) 5</p> <p>6:00 Room to Room Trivia Treats</p> | <p>Morning Massages 6</p> <p>Afternoon Movies & Snacks</p> | <p>Morning Visits 7</p> <p>Afternoon Instruments in the Garden</p> | <p>Morning Computer Fun 1</p> <p>2:00 Canada Day Celebration (TBD)</p> <p><small>Canada Day</small></p> | <p>Morning Room to Room Computer Fun 2</p> <p>Afternoon Room to Room Games</p> <p>Evening Room to Room Sing-a-long</p> | <p>Morning Group Exercise 3</p> <p>Afternoon Ice Cream Social</p> |
| <p>Morning Flyball 11</p> <p>Afternoon Hymn Sing</p> | <p>2:00 Tea Time (CHAMP) 12</p> <p>6:00 Room to Room Trivia Treats</p> | <p>Morning Colouring Group 13</p> <p>Afternoon Music in the Gardens</p> | <p>Morning Visits 14</p> <p>Afternoon Strawberry Social- CHA Garden</p> | <p>Morning Resident's Council (TBD) 15</p> <p>2:00 Indoor Bowling (TBD)</p> | <p>Morning Activities on the Go 16</p> <p>Afternoon Room to Room Games</p> <p>Evening Room to Room Sing-a-long</p> | <p>Morning Group Exercise 17</p> <p>Afternoon Ice Cream Social</p> |
| <p>Morning Activities on the Go 18</p> <p>Afternoon Hymn Sing</p> | <p>2:00 Tea Time (HER) 19</p> <p>6:00 Room to Room Trivia Treats</p> | <p>Morning Massages 20</p> <p>Afternoon Movies & Snacks</p> | <p>Morning Visits 21</p> <p>Afternoon Surprise- CHA Garden</p> | <p>Morning Computer Fun 22</p> <p>2:00 Bingo (TBD)</p> | <p>Morning Current Events 23</p> <p>Afternoon Room to Room Games</p> <p>Evening Room to Room Sing-a-long</p> | <p>Morning Flyball-TBD 24</p> <p>Afternoon Freezies in the Garden</p> |
| <p>Morning Fun in Motion 25</p> <p>Afternoon Hymn Sing</p> | <p>2:00 Tea Time (CHAMP) 26</p> <p>6:00 Room to Room Trivia Treats</p> | <p>Morning Colouring Group 27</p> <p>Afternoon Music in the Gardens</p> | <p>Morning Visits 28</p> <p>Afternoon Art Program-TBD</p> | <p>Morning Computer Fun 29</p> <p>2:00 Indoor Bowling (TBD)</p> | <p>Morning Pampered Spa 30</p> <p>Afternoon Room to Room Games</p> <p>Evening Room to Room Sing-a-long</p> | <p>Morning Pampered Spa 31</p> <p>Afternoon Chips and Chats</p> |

Please note: Calendar subject to change CHA-Champlain GP- GATHERING PLACE HER-Heritage TBA- TO BE ANNOUNCED